

Get back on Track!

Fully funded courses

New Courses Sept 2020

VALE OF GLAMORGAN

FREE COURSES TO HELP YOU:

- Gain skills and qualifications
- Build your confidence
- Boost your health and wellbeing
- Get help with jobsearch
- Improve your English and Maths
- Employability Skills

From September Palmerston Centre will be open with procedures in place to ensure safety, hygiene and social distancing. Courses in the wider community have been postponed and will resume as soon as possible.

How can I Enrol?

Enrolments will be taken by appointment only from 7th September. Please email or telephone in the first instance to register your interest. Please note that priority will be given to eligible learners.

Flexible Learning opportunities!

Look out for our Distance Learning Courses ★ with the opportunity to learn at your own pace, with online support and tutorials! This flexible way of learning is an ideal way to fit around your family and work commitments. Support will be available to help you learn using your digital devices.

DIGITAL SKILLS WORKSHOPS



DIGITAL SKILLS WORKSHOPS ★(distance learning available)

Accredited Computer Workshops at all levels. You will be able to complete a range of Agored Cymru units or ECDL at levels 1, 2 & 3 (advanced), including word processing, presentations, spreadsheets, databases, desktop publishing, and internet and email. Workshops take place at various times of the morning, afternoon and evening at the following venues:

- Palmerston Centre
- Vale Learning Centre

Please contact 01446 733762 and we will allocate a course to suit your needs.

SATURDAY DIGITAL SKILLS WORKSHOP ★(distance learning available)

Ideal for those in employment who would like to update their digital skills.

Starts Oct, 10-12noon (11 wks) Vale Learning Centre, Barry Library

📞 01446 733762 TO BOOK YOUR PLACE

DIGITAL SKILLS WORKSHOPS (Cont.)

DIGITAL SKILLS FOR THE OFFICE ★(distance learning available)

Using Digital Skills for business; general office skills e.g. invoicing, petty cash claims, financial income and expenditure, etc.

Starts Tue 22 Sept, 1-3pm (10 wks) Palmerston Centre, Barry

DIGITAL DEVICES AND TOOLS ★(distance learning available)

Get the best from your digital devices, iPads, tablets, smart watches, cameras, phones and digital assistants.

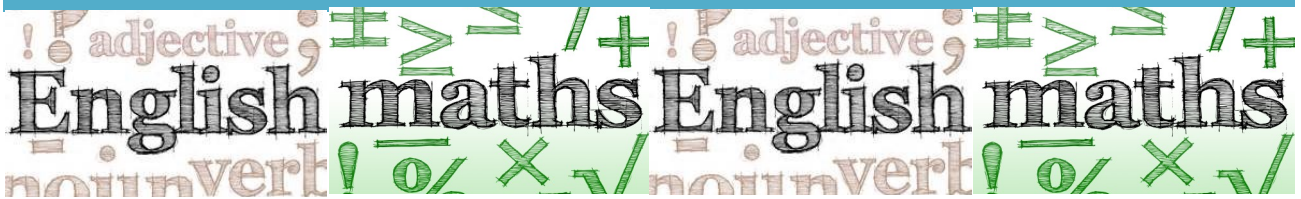
Starts Wed, Oct, 7-9pm (10 wks) Palmerston Centre, Barry

DIGITAL LITERACY ★(distance learning available)

Learn how to keep safe online, and how to use a range of devices, digital techniques, apps and tools.

Starts Wed 23 Sept, 1-3pm (10 wks) Palmerston Centre, Barry

ESSENTIAL SKILLS



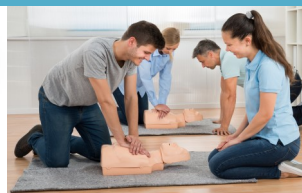
ESSENTIAL SKILLS WORKSHOPS (Maths & English) ★(distance learning available)

Starts Tue 14 Sept 9.30-11.30am or 1-3pm (weekly) Palmerston Centre, Barry

MONEYWISE

Starts Thu 3 Nov 1-3pm (5 wks) Palmerston Centre, Barry

SKILLS FOR THE WORKPLACE



EMPLOYABLE ME! (includes CV Writing, Interview Skills, Moneywise, Customer Service, Health & Safety, and First Aid) ★(distance learning available)

Starts Mon 21 Sept or 4 Nov 9.30-4pm (5 wks, 1 day workshops) Palmerston Centre, Barry

Starts Fri 25 Sept or 8 Nov 9.30-4pm (5 wks, 1 day workshops) Palmerston Centre, Barry

INTRODUCTION TO CHILDCARE

Starts Mon 21 Sept 12.30-2.30pm (10 wks) Palmerston Centre, Barry

#IT'S ALL ABOUT YOU! THE PERSONAL DEVELOPMENT TOOLKIT



PERSONAL DEVELOPMENT TOOLKIT (Build your Confidence, Manage your Stress, Time Management, Coping with Anger, Communication and Counselling)

Starts Tue 22 Sept 1-3pm (10 wks) Palmerston Centre, Barry

BRITISH SIGN LANGUAGE ★(distance learning only)

Part 1 Starts Thu 24 Sept 1-3pm (10 wks) Palmerston Centre, Barry

Part 2 Starts Mon 21 Sept 6.30-8.30pm or Wed 23 Sept 1-3pm (15 wks) Palmerston Centre, Barry

INFORMAL LEARNING



WOODWORK

Starts Tue 5 Nov 9.30-11.30am (5 wks) Palmerston Centre, Barry

SUGARCRAFT SKILLS ★(distance learning only)

Starts Thu 24 Sept 12.45-2.45pm (10 wks) Palmerston Centre, Barry

GROW YOUR OWN FRUIT & VEG ★(distance learning available)

Starts Thu 24 Sept 9.30-11.30am (10 wks) Palmerston Centre, Barry

COURSES FOR HEALTH & WELLBEING (for those with an experience of mental health)



POTTERY AND CERAMICS

Starts Mon 21 Sept 3-5pm (10 wks) Palmerston Centre, Barry

CONFIDENCE BUILDING

Starts Thu 5 Nov 1-3pm (5 wks) Palmerston Centre, Barry

COURSES THROUGH THE MEDIUM OF WELSH

CAFFI CYMRAEG ★(distance learning only)

Starts Sat 26 Sept 10-12noon (10 weeks) Palmerston Centre, Barry

CLUBS (contact Palmerston Centre 01446 733762 for more info)

MENS SHED CLUBS

Timber Shack Starts Fri 25 Sept 1-3pm (weekly)

Guitar Group Starts Fri 25 Sept 1-3pm (weekly)

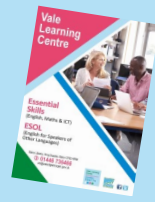
OTHER VALE OF GLAMORGAN LEARNING PROVIDERS



Vale Courses

A wide variety of leisure courses for adults at venues across the Vale, including Art, Textiles, ICT, Languages,

Cookery, Music & Dance, and more!
Visit valecourses.org
to download the latest brochure.



Vale Learning Centre

FREE basic skills courses for adults in reading, writing, maths and

computing. We also offer ESOL courses for people who want to learn English.
Visit valeofglamorgan.gov.uk/vlc
to download the latest brochure.



Learn Welsh - The Vale

A wide range of skills provision, from courses for absolute beginners to

proficiency. Wherever you are on your journey to fluency, let us help you on your way!
Visit learnwelsh.cymru
to download the latest brochure.



www.gbotfree.org



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