

# COURSES FOR ADULTS



## EDUCATION PROSPECTUS 2019-20



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## VENUE CODES

## BARRY &amp; PENARTH:

<b>BBL</b> Barry Library	<b>BCL</b> Castleland, Barry	<b>BPC</b> Palmerston Adult Centre
<b>PAC</b> Albert Rd Church & Com Cen, Penarth	<b>PDP</b> Lee Hall, Dinas Powys	<b>PLC</b> Penarth Learning Community
<b>PTC</b> Trinity Church, Penarth		

## COWBRIDGE &amp; RURAL VALE:

<b>CCC</b> Cowbridge Community College	<b>CLO</b> Llantwit Major Old School	<b>CSH</b> Southerndown Heritage Coast Cen
<b>CTH</b> Village Hall, Treoes	<b>CWH</b> Village Hall, Wick	<b>CYD</b> Y Draig School, Llantwit Major

Band A Full fee, Band B Over 60s not in full time employment, in receipt of a State benefit or full time student

Course Title	Starts	Day	Time	Wks	Cost		Venue
					Band A	Band B	

Many courses will continue in the Spring/Summer term

## ART

## BARRY &amp; PENARTH

Drawing and Painting Mixed Media	23/09/2019	MON	1000-1200	10	95.00	83.00	PDP
Drawing and Painting Mixed Media	23/09/2019	MON	1400-1600	10	95.00	83.00	PAC
Drawing and Painting Mixed Media	24/09/2019	TUE	1000-1200	10	95.00	83.00	BCL
Drawing and Watercolours	23/09/2019	MON	1900-2100	15	142.50	124.50	PLC
Drawing with Charcoal	30/11/2019	SAT	1000-1600	1	35.00	35.00	PLC
Life Drawing	23/09/2019	MON	1800-2000	10	125.00	113.00	PLC
Life Drawing	24/09/2019	TUE	1600-1800	10	125.00	113.00	BCL
Life Drawing	16/11/2019	SAT	1000-1400	1	48.00	48.00	BPC
So You Think You Cant Draw	24/09/2019	TUE	1900-2100	10	95.00	83.00	PLC
Watercolours	24/09/2019	TUE	1300-1500	10	95.00	83.00	BCL

## COWBRIDGE &amp; RURAL VALE

Acrylic Painting	23/09/2019	MON	1000-1200	10	95.00	83.00	CCC
Art for Beginners	27/09/2019	FRI	1000-1200	10	95.00	83.00	CTH
Drawing and Painting Mixed Media	24/09/2019	TUE	1000-1200	15	142.50	124.50	CCC
Drawing and Painting Mixed Media	25/09/2019	WED	1000-1200	15	142.50	124.50	CTH
Drawing and Painting Mixed Media	25/09/2019	WED	1330-1530	10	95.00	83.00	CWH
Drawing and Painting Mixed Media	25/09/2019	WED	1330-1530	15	142.50	124.50	CTH
Drawing and Painting Mixed Media	26/09/2019	THU	1245-1445	15	142.50	124.50	CCC
Drawing and Painting Mixed Media Advanced	26/09/2019	THU	1000-1200	15	142.50	124.50	CCC
Drawing and Painting Mixed Media Beginners	26/09/2019	THU	1900-2100	10	95.00	83.00	CCC
Drawing and Painting Mixed Media Intermediate	24/09/2019	TUE	1900-2100	10	95.00	83.00	CCC
Drawing with Pen and Wash	25/09/2019	WED	0930-1130	15	142.50	124.50	CCC
How to Draw Boats	09/01/2020	THU	1000-1500	1	35.00	35.00	CSH
How to Draw in a day	28/11/2019	THU	1000-1500	1	35.00	35.00	CSH
Printing without a Press	25/09/2019	WED	1000-1200	10	95.00	83.00	CCC
Life Drawing	24/09/2019	TUE	1900-2100	10	125.00	113.00	CCC
Lino Cutting & Printing	16/11/2019	SAT	1000-1600	1	40.00	40.00	CCC
Painting Seascapes in Acrylics	23/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Painting Snow in Watercolour	12/12/2019	THU	1000-1500	1	35.00	35.00	CSH
Painting with a limited pallet	24/10/2019	THU	1000-1500	1	35.00	35.00	CSH
Portrait Drawing for Beginners	25/09/2019	WED	1300-1500	10	95.00	83.00	CCC
Portraits for All	23/11/2019	SAT	1000-1600	1	40.00	40.00	CCC
Portraits for All	01/02/2020	SAT	1000-1600	1	40.00	40.00	CCC
Portraiture	27/09/2019	FRI	1000-1200	15	142.50	124.50	CCC
Portraiture	23/09/2019	MON	1300-1500	15	142.50	124.50	CCC

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## ART (cont.)

## COWBRIDGE &amp; RURAL VALE (cont.)

Portraiture in Acrylics	24/09/2019	TUE	1300-1500	10	95.00	83.00	CCC
Printing from Nature Christmas Cards	30/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Seasonal Drawing	23/09/2019	MON	1000-1200	15	142.50	124.50	CCC
Sketching and Watercolour Painting	25/09/2019	WED	1900-2100	15	142.50	124.50	CLO
Still Life Painting in Acrylics	16/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Watercolour Basics Explained	13/02/2020	THU	1000-1500	1	35.00	35.00	CSH
Watercolours	23/09/2019	MON	1300-1500	10	95.00	83.00	CCC
Watercolours	25/09/2019	WED	1145-1345	15	142.50	124.50	CCC

## COMPUTERS AND PHOTOGRAPHY

## BARRY &amp; PENARTH

Digital Photography for Beginners	23/09/2019	MON	1900-2100	10	95.00	83.00	PLC
Digital Photography Foundation	14/10/2019	MON	1000-1200	6	57.00	49.80	PAC
Digital Photography Foundation	14/10/2019	MON	1300-1500	6	57.00	49.80	BBL

## COWBRIDGE &amp; RURAL VALE

Abstract Photography	16/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Birds of Prey Photography	01/02/2020	SAT	1000-1500	1	43.00	43.00	CCC
Digital Photography for Beginners	25/09/2019	WED	1300-1500	10	95.00	83.00	CCC
Digital Photography for Beginners	26/09/2019	THU	1900-2100	10	95.00	83.00	CCC
Excel for Advanced	25/11/2019	MON	1000-1600	1	35.00	35.00	CCC
Excel for Beginners	30/09/2019	MON	1000-1600	1	35.00	35.00	CCC
Excel for Improvers	21/10/2019	MON	1000-1600	1	35.00	35.00	CCC
Landscape Photography	29/02/2020	SAT	1000-1500	1	35.00	35.00	CCC
Photoshop Elements for Beginners	25/09/2019	WED	1000-1200	10	95.00	83.00	CCC

## CRAFTS

## BARRY &amp; PENARTH

Colourful Aluminium Jewellery	16/11/2019	SAT	1000-1600	1	47.00	47.00	BPC
Floristry Festive Wreath Making	20/11/2019	WED	1900-2100	1	34.00	34.00	BPC
Floristry for Beginners	25/09/2019	WED	1300-1500	6	147.00	139.80	BPC
Floristry for Weddings	25/09/2019	WED	1800-2000	6	177.00	169.80	BPC
Modern Jewellery Making	24/09/2019	TUE	1000-1200	10	145.00	133.00	PAC
Pottery and Ceramics	23/09/2019	MON	1300-1500	10	105.00	83.00	BPC
Pottery and Ceramics	24/09/2019	TUE	1900-2100	10	105.00	83.00	BPC
Sugarcraft Cake Decorating	26/09/2019	THU	1000-1200	10	95.00	83.00	BPC
Sugarcraft Cake Decorating	26/09/2019	THU	1650-1850	10	95.00	83.00	BPC
Sugarcraft Cake Decorating	26/09/2019	THU	1900-2100	10	95.00	83.00	BPC
Upholstery	23/09/2019	MON	1900-2100	10	95.00	83.00	BPC
Upholstery	26/09/2019	THU	1900-2100	10	95.00	83.00	BPC
Upholstery	27/09/2019	FRI	0930-1130	10	95.00	83.00	BPC
Upholstery Workshop	16/11/2019	SAT	1000-1600	1	35.00	35.00	BPC
Woodwork & Carpentry	23/09/2019	MON	1900-2100	10	95.00	83.00	PLC
Woodwork & Carpentry	24/09/2019	TUE	1900-2100	10	95.00	83.00	PLC

## COWBRIDGE &amp; RURAL VALE

Calligraphy Advanced	26/09/2019	THU	1000-1200	10	95.00	83.00	CCC
Calligraphy Beginners and Improvers	26/09/2019	THU	1300-1500	10	95.00	83.00	CCC
Chalk Paint Furniture	16/11/2019	SAT	1000-1600	1	55.00	55.00	CCC

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## CRAFTS (cont.)

## COWBRIDGE &amp; RURAL VALE (cont.)

Die Cutting and Card Making	27/09/2019	FRI	1000-1200	6	57.00	49.80	CCC
Die Cutting and Card Making	23/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Floristry - Autumnal and Winter Festive	27/09/2019	FRI	1000-1200	6	129.00	121.80	CCC
Floristry - Autumnal and Winter Festive	15/11/2019	FRI	1000-1200	5	107.50	101.50	CCC
Floristry Advanced	24/09/2019	TUE	1000-1200	6	297.00	289.80	CCC
Floristry Advanced	12/11/2019	TUE	1000-1200	5	247.50	241.50	CCC
Floristry Christmas Wreath	23/11/2019	SAT	0930-1230	1	51.00	51.00	CCC
Floristry Christmas Wreath	23/11/2019	SAT	1300-1600	1	51.00	51.00	CCC
Fused Glass - Jewellery	13/01/2020	MON	1000-1600	1	48.00	48.00	CCC
Fused Glass - Seaside, Beach Huts	10/02/2020	MON	1000-1600	1	48.00	48.00	CCC
Fused Glass - Xmas Decorations	04/11/2019	MON	1000-1600	1	48.00	48.00	CCC
Gift Wrapping Introduction	23/11/2019	SAT	1000-1300	1	28.50	28.50	CCC
Gift Wrapping Introduction	12/12/2019	THU	1800-2100	1	28.50	28.50	CCC
Pottery and Ceramics	24/09/2019	TUE	1000-1200	10	115.00	93.00	CCC
Pottery and Ceramics	24/09/2019	TUE	1300-1500	10	115.00	93.00	CCC
Pottery and Ceramics	24/09/2019	TUE	1600-1800	10	115.00	93.00	CCC
Stained Glass Decorations	16/11/2019	SAT	1000-1600	1	45.00	45.00	CCC
Stained Glass for Beginners	26/09/2019	THU	1000-1300	10	142.50	124.50	CCC
Sugarcraft Flowers - To adorn your cake	23/09/2019	MON	1000-1200	8	76.00	66.40	CCC
Willow Basket Making for Beginners	24/09/2019	TUE	1900-2100	6	57.00	49.80	CCC
Willow Christmas Decoration	30/11/2019	SAT	1000-1600	1	35.00	35.00	CCC

## GENERAL

## BARRY &amp; PENARTH

Cookery Christmas Baking	12/11/2019	TUE	1800-2100	3	45.25	39.85	PLC
Cookery Doughnuts, Macaroons and Eclairs	29/02/2020	SAT	1000-1600	1	35.00	35.00	PLC
Cookery Homemade Pies and Pizza	30/11/2019	SAT	1000-1600	1	35.00	35.00	PLC
Cookery Indian	23/09/2019	MON	1900-2100	7	66.50	58.10	PLC
Cookery Indian	13/01/2020	MON	1900-2100	10	95.00	83.00	PLC
Cookery Indian Vegetarian	29/02/2020	SAT	1000-1600	1	40.00	40.00	PLC
Cookery Taste of Greece	04/11/2019	MON	1800-2100	5	73.75	64.75	PLC
Cookery Taste of Italy	24/09/2019	TUE	1800-2100	6	88.00	77.20	PLC
Cookery Taste of Mexico	23/09/2019	MON	1800-2100	5	73.75	64.75	PLC
Cookery Taste of Spain	13/01/2020	MON	1800-2100	5	73.75	64.75	PLC
Cookery Global Vegetarian	24/09/2019	TUE	1900-2100	7	66.50	58.10	PLC
Cookery Chinese	14/01/2020	TUE	1900-2100	10	95.00	83.00	PLC
Creative Writing Fiction and Non-Fiction Beginners	24/09/2019	TUE	1900-2100	10	95.00	83.00	PLC
Creative Writing Find the Author in You	16/11/2019	SAT	1000-1600	1	35.00	35.00	BPC
Family History for Beginners	26/09/2019	THU	1300-1500	10	95.00	83.00	BBL
Family History for Improvers	26/09/2019	THU	1000-1200	10	95.00	83.00	PAC

## COWBRIDGE &amp; RURAL VALE

Creative Writing Fiction and Non-Fiction Advanced	24/09/2019	TUE	1300-1500	10	95.00	83.00	CCC
Creative Writing Find the Author in You	30/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Creative Writing for Beginners	16/01/2020	THU	1900-2100	5	47.50	41.50	CCC
Creative Writing for Beginners	01/02/2020	SAT	1000-1600	1	35.00	35.00	CCC
Guitars for Beginners and Progressors	24/09/2019	TUE	1900-2100	10	95.00	83.00	CLO

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## GENERAL (cont.)

## COWBRIDGE &amp; RURAL VALE (cont.)

Family History for Beginners	25/09/2019	WED	1000-1200	10	95.00	83.00	CCC
Family History for Improvers	25/09/2019	WED	1300-1500	10	95.00	83.00	CCC
Introduction to Falconry Birds of Prey	16/11/2019	SAT	1000-1500	1	43.00	43.00	CCC

## HEALTH &amp; WELLBEING

## BARRY &amp; PENARTH

Body Toning 55+	25/09/2019	WED	0945-1115	10	70.00	60.00	PDP
Introduction to Mindfulness & Meditation	16/11/2019	SAT	1000-1600	1	35.00	35.00	BPC

## COWBRIDGE &amp; RURAL VALE

Pilates	23/09/2019	MON	1330-1500	10	70.00	60.00	CWH
Pilates	25/09/2019	WED	1000-1200	10	90.00	80.00	CCC
The 7 Mindfulness Attitudes	30/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Yoga	23/09/2019	MON	1000-1130	10	70.00	60.00	CCC
Yoga	24/09/2019	TUE	1300-1430	10	70.00	60.00	CCC
Yoga	25/09/2019	WED	1000-1130	10	70.00	60.00	CCC
Yoga	25/09/2019	WED	1900-2030	10	70.00	60.00	CYD

## LANGUAGES

## BARRY &amp; PENARTH

French 1 Beginners	23/09/2019	MON	1900-2100	15	142.50	124.50	PLC
French 1 Beginners	25/09/2019	WED	1300-1500	15	142.50	124.50	PAC
French 3	24/09/2019	TUE	0930-1130	15	142.50	124.50	PTC
French 4	25/09/2019	WED	0945-1145	15	142.50	124.50	PAC
French 5	24/09/2019	TUE	1300-1500	15	142.50	124.50	PTC
German for Beginners	24/09/2019	TUE	1900-2100	15	142.50	124.50	PLC
Italian 1/2	23/09/2019	MON	1430-1630	15	142.50	124.50	PTC
Italian 2	23/09/2019	MON	1630-1830	15	142.50	124.50	PTC
Italian Advanced	23/09/2019	MON	1900-2100	15	142.50	124.50	PLC
Spanish 1 for Beginners	24/09/2019	TUE	1300-1500	15	142.50	124.50	PTC
Spanish 1 for Beginners	24/09/2019	TUE	1830-2030	15	142.50	124.50	BPC
Spanish 1 for Beginners	25/09/2019	WED	1600-1800	15	142.50	124.50	BBL
Spanish 2	25/09/2019	WED	1830-2030	15	142.50	124.50	BPC
Spanish 2	26/09/2019	THU	1300-1500	15	142.50	124.50	PTC
Spanish 3	23/09/2019	MON	1900-2100	15	142.50	124.50	PLC
Spanish 3	25/09/2019	WED	1000-1200	15	142.50	124.50	PTC
Spanish Advanced / Tertulia	24/09/2019	TUE	1000-1200	15	142.50	124.50	PAC

## COWBRIDGE &amp; RURAL VALE

French 1 Beginners	24/09/2019	TUE	1900-2100	15	142.50	124.50	CCC
French 1 Beginners	25/09/2019	WED	1300-1500	15	142.50	124.50	CCC
French 2	23/09/2019	MON	0930-1130	15	142.50	124.50	CCC
French 2/3	26/09/2019	THU	1900-2100	15	142.50	124.50	CCC
French 3	26/09/2019	THU	1200-1400	15	142.50	124.50	CCC
French 4 (Intermediate 1)	23/09/2019	MON	1300-1500	15	142.50	124.50	CCC
French 5 (Intermediate 2)	27/09/2019	FRI	0930-1130	15	142.50	124.50	CCC
French 5 Advanced (Advanced 2)	25/09/2019	WED	1000-1200	15	142.50	124.50	CCC
French 5 Advanced (Advanced 2)	26/09/2019	THU	0930-1130	15	142.50	124.50	CCC
French 5+ (Intermediate 3)	24/09/2019	TUE	1230-1430	15	142.50	124.50	CCC

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## LANGUAGES (cont.)

## COWBRIDGE &amp; RURAL VALE (cont.)

French Table Ronde (Top Advanced)	24/09/2019	TUE	0930-1130	15	142.50	124.50	CCC
German 2	26/09/2019	THU	1700-1900	15	142.50	124.50	CCC
German 3	26/09/2019	THU	1500-1700	15	142.50	124.50	CCC
German 4 (Intermediate)	24/09/2019	TUE	1800-2000	15	142.50	124.50	CCC
German Advanced	24/09/2019	TUE	1600-1800	15	142.50	124.50	CCC
German for Beginners	25/09/2019	WED	1530-1730	15	142.50	124.50	CCC
Italian 1 for Beginners	24/09/2019	TUE	1900-2100	15	142.50	124.50	CCC
Italian 2	24/09/2019	TUE	1600-1800	15	142.50	124.50	CLO
Italian 2	26/09/2019	THU	1900-2100	15	142.50	124.50	CCC
Italian 3	26/09/2019	THU	1630-1830	15	142.50	124.50	CCC
Spanish 1 for Beginners	24/09/2019	TUE	1300-1500	15	142.50	124.50	CCC
Spanish 1 for Beginners	25/09/2019	WED	1900-2100	15	142.50	124.50	CLO
Spanish 2	26/09/2019	THU	1600-1800	15	142.50	124.50	CCC
Spanish 3	23/09/2019	MON	1300-1500	15	142.50	124.50	CCC
Spanish 4	25/09/2019	WED	1300-1500	15	142.50	124.50	CCC
Spanish 4	26/09/2019	THU	1900-2100	15	142.50	124.50	CCC
Spanish 5	25/09/2019	WED	1000-1200	15	142.50	124.50	CCC
Spanish 5+	24/09/2019	TUE	1000-1200	15	142.50	124.50	CCC
Spanish Advanced / Tertulia	23/09/2019	MON	1000-1200	15	142.50	124.50	CCC

## PERSONAL DEVELOPMENT

## BARRY &amp; PENARTH

Counselling Skills Level 2	13/01/2020	MON	1800-2100	20	325.00	289.00	PLC
Counselling Skills Level 2	14/01/2020	TUE	0930-1230	20	325.00	289.00	BPC
Introduction to Counselling (Counselling Skills Level 1)	23/09/2019	MON	1900-2100	10	107.00	95.00	PLC
Introduction to Counselling (Counselling Skills Level 1)	24/09/2019	TUE	0930-1130	10	107.00	95.00	BPC

## COWBRIDGE &amp; RURAL VALE

Counselling Skills Level 2	15/01/2020	WED	1200-1500	20	325.00	289.00	CCC
Introduction to Counselling (Counselling Skills Level 1)	25/09/2019	WED	1300-1500	10	107.00	95.00	CCC

## TEXTILES

## BARRY &amp; PENARTH

Dressmaking and Sewing Skills for Beginners	25/09/2019	WED	1000-1200	8	76.00	66.40	BPC
Dressmaking, Upcycling and Accessories	23/09/2019	MON	1900-2100	10	95.00	83.00	PLC
Felt Scarves	30/11/2019	SAT	1000-1600	1	47.00	47.00	PLC
Upcycling Dressmaking	30/11/2019	SAT	1000-1600	1	40.00	40.00	PLC

## COWBRIDGE &amp; RURAL VALE

Crochet Christmas Shawl	30/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Dressmaking and Sewing Skills	26/09/2019	THU	1000-1230	10	118.75	103.75	CCC
Dressmaking and Sewing Skills	26/09/2019	THU	1300-1530	10	118.75	103.75	CCC
Dressmaking and Sewing Skills	26/09/2019	THU	1830-2100	10	118.75	103.75	CCC
Dressmaking Skills for Beginners	16/11/2019	SAT	1000-1600	1	35.00	35.00	CCC
Felt Bags	01/02/2020	SAT	1000-1600	1	47.00	47.00	CCC
Fine Felt Lights	23/11/2019	SAT	0930-1230	1	27.00	27.00	CCC
Leather Crafting For Beginners	30/11/2019	SAT	1000-1600	1	45.00	45.00	CCC
Patchwork and Quilting Advanced	23/09/2019	MON	1300-1500	10	95.00	83.00	CCC
Patchwork and Quilting for Beginners	23/09/2019	MON	1000-1200	10	95.00	83.00	CCC