



**NATIONAL
AIDS
TRUST**

Securing rights
Stopping HIV

We are the

National AIDS Trust

The UK's **HIV
rights** charity



We work to stop HIV from standing in the way of health, dignity and equality, and to end new HIV transmissions.

www.nat.org.uk

HIV facts

This is an exciting time in the fight against HIV. With an increase in testing, treatment and awareness we know an end to new cases of HIV is not only possible but - with the right focus and investment - achievable by 2030. With this progress, we must ensure nobody is left behind. **People living with HIV have the right to equality and to live happy, healthy lives.**

However, due to persistent stigma and discrimination:

11% report being refused healthcare or delayed a treatment due to HIV status

1 in 8 has never told anyone apart from healthcare staff about their HIV status

50% feel depressed or anxious on any given day, and **1 in 5** needs help with loneliness

1 in 3 people living with HIV is living in poverty. Over half struggle to pay their bills

42% of people newly diagnosed were diagnosed at a late stage of HIV infection, increasing the risk of ill-health, early death and onward transmission

We urgently need to stop HIV from standing in the way of health, dignity and equality, and to end new HIV transmissions. **Together, with the generous support of people like you, we can secure lasting change for people living with and at risk of HIV.**

Our work and successes

National AIDS Trust aims to stop new HIV transmissions, champion the needs of people whose voices and experiences are too often ignored, protect the rights of everyone living with and at risk of HIV, and drive engagement and activism to change attitudes to HIV.

Our successes

National AIDS Trust's incredible supporters have enabled us to:

- secure access to PrEP, the lifechanging HIV prevention medication, via successful litigation and ongoing advocacy work
- increase legal rights including securing recognition of HIV as a disability and making pre-employment health questionnaires illegal
- challenge discrimination in healthcare, in employment, in education, in access to insurance, and much more besides; supporting individuals and changing policies and practices to prevent further discrimination
- reduce poverty by ensuring people living with HIV have access to a fair benefits assessment that understands their experiences
- increase HIV knowledge through free teaching materials for schools and annual high-profile World AIDS Day campaigns
- end the discriminatory lifetime ban and subsequent restrictions on gay and bisexual men donating blood, meaning questions will now no longer consider the gender of the person donating or that of their sexual partners
- create Looped In, the free online tool that allows people to create their own bespoke resource with the information about HIV they wish to share with friends, family, partners, colleagues or anyone else

www.loopedin.nat.org.uk



What next?

With your support we will:

- stop new HIV transmissions by 2030, holding the government accountable for delivering on its commitment and continuing to promote the HIV Commission's recommendations www.hivcommission.org.uk
- ensure everyone understands HIV and can access prevention methods and HIV testing
- stop communities being left behind from progress, stand up for marginalised groups, shine a light on those who are often outside the main focus of HIV work, and representing everyone in our diverse community
- protect basic human rights including access to healthcare, health equality, social justice, and a life free from stigma and discrimination
- change attitudes to HIV, increase public knowledge, work alongside people living with HIV, and engage with allies to drive engagement and activism.



Chief Executive Deborah Gold outside the High Court following the landmark judgement for the **NHS to provide HIV prevention drug PrEP**

What you can do **to help**

We can't do this without you!

Your support helps us to end new cases of HIV, and to stop HIV from standing in the way of health, dignity and equality.



What can you do to help?

- organise a fundraiser for National AIDS Trust at work, university or school. Host an event for your community or take part in a fitness challenge
- make a regular or one-off donation to support our work. Regular gifts mean we can be ambitious with our plans, knowing we have your continued support
- become a volunteer. You can sign up for our volunteer newsletter so you're first to know about our volunteer opportunities
- join our HIV Activists Network. Be part of a virtual group to demand equality, drive progress, and campaign for HIV rights
- sign up to receive regular updates on our work, and hear about our latest campaigns, activism and fundraising opportunities.

Email info@nat.org.uk or phone **020 7814 6767** to speak to a member of our team about how you can get involved.

If you'd like to discuss making a significant investment in our work, we'll put you in touch with a specialist who can arrange an initial chat to find out more about your interests and answer your questions.

Ways to donate

Your support helps us to do more so please donate today.

You can:

- 1.** Go to www.nat.org.uk/donate to set up regular donations or contribute a one-off donation
- 2.** Ask your employer if there is a payroll giving scheme at work and set up a payment directly from your monthly salary payment
- 3.** Text NAT to **70085** to donate £5 through your phone bill (or NAT10 for £10, NAT20 for £20)
- 4.** Send a cheque payable to National AIDS Trust. Our office is The Green House, 244-254 Cambridge Heath Road, London, E2 9DA
- 5.** Contact fundraising@nat.org.uk to discuss how you'd like to support us in more detail



www.nat.org.uk

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