

The Index

for families of children and young people
with disabilities or additional needs



A guide for families

Hello

It's good to have the right information and know what support is available.

Cardiff and the Vale of Glamorgan want you to have a full, happy, healthy life.

We want you to connect to services, take part in activities and have fun – that's what The Index is for.



What's The Index?

The Index lets you know about the services, activities and events happening in your area.

Who is it for?

The Index is for families of children and young people with disabilities or additional needs.

You can sign up to The Index if you are a parent or carer of a child or young person with disabilities or additional needs or a professional working with a child.

Why?

Signing up means you don't miss out. You get:



The Index – a newsletter every 3 months. It's packed full of information.



The Index eNews – emails about extra activities and events.

Is there anything else?

Yes, The Index also:

- connects you to organisations that can support you
- helps professionals know what you need so they can work better
- means you can have a say on how we plan and deliver services in your area.



How can I sign up?

Cardiff Family Advice and Support

 03000 133 133

 ContactFAS@cardiff.gov.uk

 www.cardiff-fis.info

Vale Family Information Service


 0800 587 10 14

 theindex@valeofglamorgan.gov.uk

 www.valeofglamorgan.gov.uk/fis

You don't have to sign up,
but it's good to be connected.

What information do we need?

 Information about your child's:

- name
- date of birth
- contact details
- the school they go to.

 What disabilities or additional needs they have.

 What services and support your family use.

 What information or support you need.

What do you do with my information?

We keep all your information safe and private.

Information about you isn't shared with anyone else, unless you say it can be.

Sometimes information is used to plan services. It's collected as numbers and doesn't use anyone's name or other details. Each Local Authority follows the law and always protects your details.



Thanks for reading this

Here are some contact numbers:

Health

Llandough Children's Centre  029 2070 5580
St David's Children's Centre  029 2053 6789





Social Services

Cardiff Child Health and Disability Team  029 2053 6400
Vale Child Health and Disability Team  01446 704285


Education

Cardiff Inclusion Service  029 2067 1479
Vale Achievement for All  01446 709180
SNAP Cymru  0808 801 06 08

Information, Advice and Support

Cardiff Family Advice and Support  03000 133 133
Cardiff Disability Team Around the Family  029 2034 7067
Vale Family Information Service  0800 587 10 14
Vale Families First Advice Line  0800 032 73 22

Youth

Cardiff Inclusive Youth Provision  029 2037 3144
Vale Inclusive Youth Provision  01446 732926

Play

Vale Play Development  01446 704809
Cardiff Play Development  029 2087 3958



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June 2019